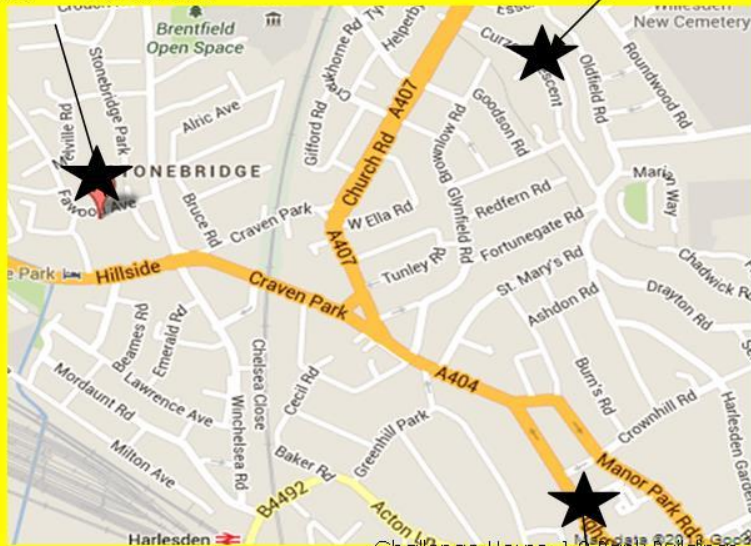


Curzon Crescent Children's Centre (admin@curzon.brent.sch.uk)					Parent/Carer Information
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>9.15 - 11.15 Family English A 10 week course for parents wishing to improve their English skills in speaking and writing. Assessment date 24/09/18 Course starts 01/10/2018 - 10/12/2018</p> <p>13.00-16.30 Midwifery Antenatal & Postnatal Clinic (By appointment only)</p>	<p>09:30 - 10:30 Zumba for adults and Let's get active for the children 25/09/2018 - 06/11/2018</p> <p>11:15 - 12:15 Let's talk</p> <p>9.00 - 15.00 Midwifery & Postnatal - Clinic & Breastfeeding support (by appointment only)</p>	<p>9.30 - 12.30 Citizens Advice Bureau Brent (by appointment only)</p> <p>09:30 - 14:30 Childcare Level 2 @ The Unity Centre For parents and carers who have completed Childcare Level 1</p> <p>9.45 - 11.30 Childminders Stay and Play A structured group for registered childminders and their children.</p> <p>12.00 - 13.00 Baby Massage and Breastfeeding Support A five week course 19/09/2018 - 17/10/2018</p> <p>13.30 - 15.30 Walk in health clinic and breastfeeding support Weekly health reviews No appointments necessary</p>	<p>9.30 - 11.00 Stay, Play and Learn</p> <p>09:45 - 10:45 Have your say with breakfast 11/10/2018</p> <p>09:30 - 12:30 Childcare Level 2 @ The Unity Centre For parents and carers who have completed Childcare Level 1</p>	<p>09:30 - 11.30 Tummy Time (Birth to 15 months) Tummy Time increases babies' confidence and independence,</p> <p>9.00 - 15.00 Midwifery Postnatal Clinic Antenatal & Postnatal Clinic & Breastfeeding support. (by appointment only)</p>	<p>Adult Learning: English Classes - 10 Week Course Develop your speaking, reading and writing skills for daily life, for work and for studying. Understanding Your Child's Behaviour A two hour workshop looking at typical ages and stages of development and positive strategies to support development. Made of Money 6 week courses supporting families on how to make money go further. Solihull Approach 10 week parenting programme. This course is suitable for parents who would like guidance and support in managing their child's day to day behaviour. It looks at parenting styles, developmental needs, temper tantrums, feeling, how to recover when things go wrong, and general behaviour issues. In this group you will focus on your relationship with your child to help develop a more positive and rewarding relationship with your child.</p> <p>Home Safety Is a two hour workshop Is your home baby/toddler-proof? Do you see what your toddler sees? Advice on how to make your home as safe as possible. Health: Baby Massage and Breastfeeding Support A five week course that helps to promote bonding/attachment and child development, and stimulates brain development. Midwifery: Antenatal & Postnatal clinics at Curzon Crescent - by appointment only. Cook and Eat: Joint parent & child cooking sessions promoting healthy eating. Child Focused Activities: Father's Saturday: Please look out for the latest information in the Children's Centres. Let's Talk A fun and interactive session which aims to support your child's development in communication, and is delivered by the Speech and Language Team.</p>
Fawood Children's Centre (admin@fawoodcc.brent.sch.uk)					
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>11.30 - 12.30 Sensory Play & Exploration (Birth to 15 months)</p> <p>9.00-5.00 Perinatal Clinic (By appointment only)</p>	<p>13:15 - 14:45 Stay, Play and Learn Parent/Carer 0-5 years</p> <p>15:30 - 16:30 Sensory Play & Exploration/ with Breastfeeding support (Birth to 15 months)</p>	<p>9.30 - 11:30 Solihull Approach Parenting Programme 19/09/2018 - 28/11/2018</p> <p>09:30 - 13:30 First Aid 12/09/2018</p>	<p>09:30 - 11:30 Understanding your child's behaviour 18/10/2018</p> <p>09:30 - 11:30 Home Safety—27/09/2018</p> <p>09:30 - 11:30 Job Club—Date to be confirmed</p> <p>09:30 - 15:30 Health visitor Clinic Appointment only</p>	<p>9.30 - 12.30 Citizens Advice Bureau Brent (by appointment only)</p> <p>15:30 - 16:30 Singing and signing with your baby (Birth to 15 months)</p>	
Challenge House Children's Centre (admin@fawoodcc.brent.sch.uk)					
Monday	Tuesday	Wednesday	Thursday	Friday	
<p>9.30 - 10.30 Let's Talk</p> <p>10:45 - 12:00 Health visitor clinic (appointment only)</p>	<p>9.30 - 11.00 Stay, Play & Learn with Busy Feet and Oral Hygiene</p>		<p>10.00 - 12.00 Outreach sessions— Singing and Story telling in community spaces</p> <p>13:30 - 14:30 Cook and Eat Weekly cooking sessions. Making healthy, nutritious snacks and food for families</p> <p>15:30 - 16:15 Story telling and singing</p>	<p>9.30 - 10.45 Stay, Play & Learn</p> <p>11:30 - 13:30 Made of Money 21/09/2018 - 19/10/2018</p> <p>11:30 - 13:30 Move on with confidence 02/11/2018 - 07/12/2018</p>	

Fawood Children's Centre, 35 Fawood Avenue
NW10 8DX 0208 965 9334

Curzon Crescent Children's Centre,
Curzon Crescent NW10 9SD 0208 4596813



Challenge House, 1-2 Bank Buildings, High
Street, Harlesden NW10 4LX 0208 9374025

Family Support Services within the Children's Centre Partnership

Family support is a service that can offer individual tailored support to the families within our local catchment area.

Our aim is to provide an holistic service to local families, which includes practical support, information, advice and advocacy, through a combination of:

- ~ Support and information over the phone and face to face
- ~ Providing emotional support
- ~ Visiting families in their homes
- ~ Delivering evidence based Parenting Programmes
- ~ Linking families to appropriate services for financial and legal matters
- ~ Individual sessions to discuss your issues
- ~ Drop-In and support group services
- ~ Signposting and referrals to other services

We work in a client focused, committed and transparent way to support the needs of the family as a whole. We acknowledge that families come in all shapes and sizes and their needs vary at different times of their lives. With this in mind, we endeavour to provide a service which is sensitive to these needs whilst being clear, honest, practical and respectful.

If you feel you could benefit from this service, please contact your local Children's Centre on the contact numbers listed below

Curzon Crescent Children's Centre - 0208 459 6813

Fawood Children's Centre - 0208 965 9334



Midwives Service at:

Curzon Crescent Children's Centre, on Tuesdays and Fridays
(By appointment only)
Breastfeeding Support Available: Please speak to your Midwife or
Children's Centre staff

Curzon Crescent, Challenge House & Fawood Children's Centres



Partnership



September - December 2018

Through our Children's Centres, the partnership is helping local families give their children the best start in life.

If you are a parent or carer with a child aged five or under, you can use our Children's Centres. Pay us a visit and see the help and support that is on offer.



Enjoy and
Achieve

Please visit our website for upcoming events and changes to the timetable at www.fawood.org.uk

SureStart

Department for
Education