

Parenting Classes:**Triple P evidence based parenting**

programme providing positive strategies to improve the quality of parent-child relationships

Adult Learning:**English Classes - 10 Week Course**

Develop your speaking, reading and writing skills for daily life, for work and for studying.

Sewing Classes

30 week course to learn how to use a sewing machine and develop skills in various techniques

Understanding Your Child's**Behaviour**

A two hour workshop looking at typical ages and stages of development and positive strategies to support development.

Caring for Children Level 1 award

If you are interested in a career working with children then this 30week course will provide you with an award in caring for children.

Made of Money

6 week courses supporting families on how to make money go further

Home Safety**Is a two hour workshop**

Is your home baby/toddler-proof? Do you see what your toddler sees? Advice on how to make your home as safe as possible.

Health:**Baby Massage and Breastfeeding Support**

A five week course that helps to promote bonding/attachment and child development, and stimulates brain development.

Midwifery: Antenatal & Postnatal clinics at Curzon Crescent - by appointment only.

Cook and Eat: Joint parent & child cooking sessions promoting healthy eating.

Child Focused Activities:

Father's Saturday: Please look out for the latest information in the Children's Centres.

Let's Talk A fun and interactive session which aims to support your child's development in communication, and is delivered by the Speech and Language Team.

Curzon Crescent Children's Centre (admin@curzon.brent.sch.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.30 - 12.30 Caring for Children Level 1</p> <p>13.00-16.30 Midwifery Postnatal Clinic (By appointment only)</p>	<p>9.30 - 10.30 Let's Talk Come along to this fun and interactive session to talk, play and sing with your child. Get helpful tips and advice to support your child speech and Language team</p> <p>9.00 - 15.00 Midwifery & Postnatal - Clinic & Breastfeeding support (by appointment only)</p> <p>12.45-14.45 Family English Classes Starting 19/09/17 (10 weeks)</p>	<p>9.30 - 12.30 Citizens Advice Bureau Brent (by appointment only)</p> <p>9.45 - 11.30 Childminders Stay and Play A structured group for registered childminders and their children to meet, learn and play together.</p> <p>12.00 - 13.00 Baby Massage and Breastfeeding Support A five week course 13/09/17 - 11/10/17</p> <p>13.30 - 15.30 Baby Clinic (by appointment only) 13.00-16.30</p>	<p>9.30 - 11.00 Stay, Play and Learn</p> <p>9.30-10.30 "Have Your Say with Breakfast" (19/10/17)</p> <p>9.30-13.30 First Aid (28/09/17)</p> <p>12.45-14.45 Home Safety (02/11/17) (Crèche available) Please book at Reception</p> <p>15.30-16.30 Let's Get Active Fun, interactive physical play and activities for</p>	<p>10.00 - 12.00 Tummy Time (Birth to 15 months) Tummy Time increases babies' confidence and independence,</p> <p>9.00 - 12.00 Midwifery & Postnatal Clinic Antenatal & Postnatal Clinic & Breastfeeding support. (by appointment only)</p> <p>15.15- 16.30 Stay, Play and Learn with Busy feet & oral Hygiene Weekly play sessions with fun activities to promote physical development and dental hygiene</p>

Fawood Children's Centre (admin@fawoodcc.brent.sch.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>11.30 - 12.30 Sensory Play and Exploration (Birth to 15 months)</p>	<p>9.15-11.45 Sewing classes (for 30 weeks term time only) There are no crèche facilities</p>	<p>9.15 - 11.30 Parenting Programme (Triple P) Crèche provided</p>	<p>13.30 - 14.45 Stay, Play and Learn with Busy feet & oral Hygiene</p> <p>15.30-16.30 Singing and signing with Babies (Birth to 15 months)</p>	<p>9.30 - 12.30 Citizens Advice Bureau Brent (by appointment only)</p>

Challenge House Children's Centre (admin@fawoodcc.brent.sch.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.30 - 10.30 Let's Talk</p> <p>Come along to this fun and interactive session to talk, play and sing with your child. Get helpful tips and advice to support your child from your local friendly speech and Language team</p>	<p>9.30 - 11.00 Stay, Play & Learn</p>	<p>15.30-17.30 Young Children's Support Group - 5 to 7 year olds (by invitation only)</p>	<p>9.30 - 11.15: Childminders Stay and Play A structured group for registered childminders and their children to meet, learn and play together.</p>	<p>9.30 - 11.00 Stay, Play & Learn</p> <p>11.30-13.30 Understanding Your Child's Behaviour Monthly workshops 8th Sept, 3rd November, 15th December</p> <p>12.45-14.45 Made of Money (22/09/17 – 20/ 10/17)</p> <p>12.45-14.45 Healthy Family Focus including cook and eat (10/11/17- 8/12/17)</p>

Curzon Crescent, Challenge House & Fawood Children's Centres



Partnership



September - December 2017

Through our Children's Centres, the partnership is helping local families give their children the best start in life.

If you are a parent or carer with a child aged five or under, you can use our Children's Centres. Pay us a visit and see the help and support that is on offer.



Enjoy and
Achieve

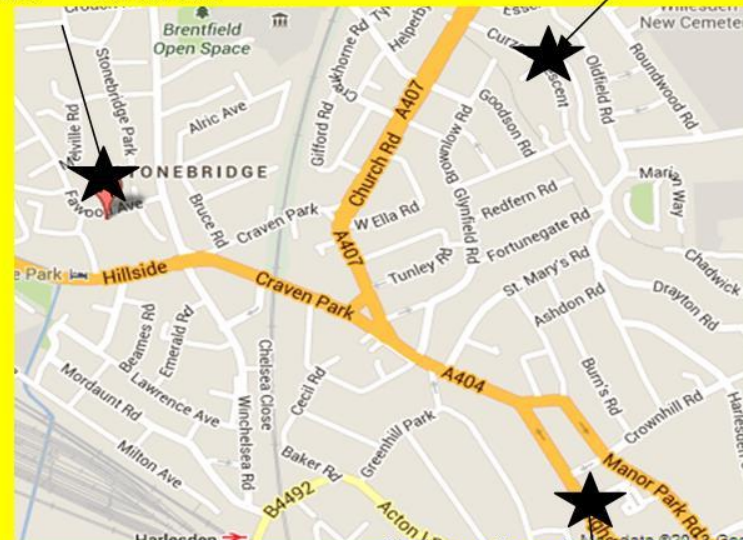
Please visit our website for upcoming events and changes to the timetable at www.fawood.org.uk

SureStart

Department for
Education

Fawood Children's Centre, 35 Fawood Avenue
NW10 8DX 0208 965 9334

Curzon Crescent Children's Centre,
Curzon Crescent NW10 9SD 0208 4596813



Challenge House, 1-2 Bank Buildings, High Street, Harlesden NW10 4LX 0208 9374025

Family Support Services within the Children's Centre Partnership

Family support is a service that can offer individual tailored support to the families within our local catchment area.

Our aim is to provide an holistic service to local families, which includes practical support, information, advice and advocacy, through a combination of:

- ~ Support and information over the phone and face to face
- ~ Providing emotional support
- ~ Visiting families in their homes
- ~ Delivering evidence based Parenting Programmes
- ~ Linking families to appropriate services for financial and legal matters
- ~ Individual sessions to discuss your issues
- ~ Drop-In and support group services
- ~ Signposting and referrals to other services

We work in a client focused, committed and transparent way to support the needs of the family as a whole. We acknowledge that families come in all shapes and sizes and their needs vary at different times of their lives. With this in mind, we endeavour to provide a service which is sensitive to these needs whilst being clear, honest, practical and respectful.

If you feel you could benefit from this service, please contact your local Children's Centre on the contact numbers listed below

Curzon Crescent Children's Centre - 0208 459 6813

Fawood Children's Centre - 0208 965 9334



Midwives Service at:

Curzon Crescent Children's Centre, on Tuesdays and Fridays
(By appointment only)
Breastfeeding Support Available: Please speak to your Midwife or Children's Centre staff