

Parent/Carer Information

Curzon Crescent Children's Centre (admin@curzon.brent.sch.uk)				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.30 - 11.00 Stay, Play & Learn</p> <p>Come along to this fun and interactive session to talk, play and sing with your child. Get helpful tips and advice from the Speech and Language team to support your child,</p>	<p>9.30 - 10.30 Let's Talk</p> <p>9.00 - 15.00 Midwifery & Postnatal - Clinic & Breastfeeding support (by appointment only)</p> <p>12.45 - 14.45 Introduction to Childcare Taster Sessions 06/06/2017 - 11/07/2017</p> <p>11.30 - 14.30 First Aid Date TBC. (Crèche available) Please book at Reception</p> <p>15.15 - 16.15 Singing and Signing with Babies</p>	<p>9.30 - 12.30 Citizens Advice Bureau Brent (by appointment only)</p> <p>9.45 - 11.45 Childminders Stay and Play A structured group for registered childminders and their children to meet, learn and play together.</p> <p>12.00 - 13.00 Baby Massage and Breastfeeding Support A five week course 26/04/17 - 24/05/17</p> <p>13.30 - 15.30 Baby Clinic (by appointment only)</p>	<p>9.15 - 11.30 Incredible Years Parenting Programme (continued) Finishes 27/04/17</p> <p>15.30 - 16.30 Outdoor Fun and Learning</p> <p>Home Safety - 08/06/2017 16.00 - 18.00 Is your home baby/toddler proof? Do you see what your toddler sees? Advice on how to make your home as safe as possible. (Crèche available) Please book at Reception</p>	<p>10.00 - 12.00 Tummy Time (Birth to 15 months) Tummy Time increases babies' confidence and independence, helping them to become motivated to explore their surroundings as they learn to control their bodies.</p> <p>9.00 - 12.00 Midwifery & Postnatal Clinic Antenatal & Postnatal Clinic & Breastfeeding support. (by appointment only)</p> <p>15.30 - 16.30 Cook and Eat Weekly sessions where you will learn about a healthy diet and nutrition, whilst taking part in cooking fun, healthy and nutritious snacks and recipes.</p>

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Healthy Living programme

(by appointment only)

Adult Learning:

English Classes - 10 Week Course

Develop your speaking, listening reading and writing skills for daily life, for work and for studying.

Computer Class

Basic computer class where learners will be introduced to Word, Excel and Powerpoint

Introduction to Childcare Taster Sessions

If you are interested in a career working with children then come along to these taster sessions.

Move on with Confidence

This course helps you to explore the next steps in career /training opportunities

Home Safety

Is a two hour workshop

Is your home baby/toddler-proof? Do you see what your toddler sees?

Advice on how to make your home as safe as possible. Crèche available upon booking. .

Health:

Baby Massage and Breastfeeding Support

A five week course that helps to promote bonding/attachment and child development, and stimulates brain development.

Midwifery: Antenatal & Postnatal clinics at Curzon Crescent - by appointment only.

Cook and Eat: Joint parent & child cooking sessions promoting healthy eating.

Child Focused Activities:

Father's Saturday: Please look out for the latest information in the Children's Centres.

Let's Talk A fun and interactive session which aims to support your child's development in communication, and is delivered by the Speech and Language Team.

Volunteer opportunities:

Please call one of our Children's Centres for more information.

Fawood Children's Centre (admin@fawoodcc.brent.sch.uk)				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>11.30 - 12.30 Sensory Play and Exploration (Birth to 12 months)</p> <p>15.30 - 17.00 Attention Autism Programme Booking required. Please ring Fawood to book your place for all 6 sessions on 020 8965 9334</p>	<p>9.30 - 11.30 Family English Class Assessment: 18/04/2017 10 week course starts: 25/04/2017</p> <p>12.45 - 14.45 Move on with Confidence Starts 02/05/2017 (Crèche available) Please book at Reception</p>		<p>9.30 - 11.30 Computer Class Ten week course - 04/05/2017 - 13/07/2017</p> <p>12.45 - 14.45 Healthy Living Programme (by invitation only) 04/05/2017 - 13/07/2017 (Crèche available - please ask at Reception)</p>	<p>9.30 - 12.00 Citizens Advice Bureau Brent (by appointment only)</p> <p>13.30 - 14.45 Stay, Play and Learn With Busy Feet & Oral Hygiene</p>

Challenge House Children's Centre (admin@fawoodcc.brent.sch.uk)				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.30 - 10.30 Let's Talk</p> <p>9.15-10.15 Have Your Say with Breakfast (16/05/2017)</p>	<p>9.30 - 11.00 Stay, Play & Learn</p> <p>16.00-17.30 Young Children's Support Group - 5 to 7 year olds (by invitation only)</p>	<p>9.45 - 10.45 Exploring Heuristic Play (Birth to 12 months) Starting 03/05/2017</p> <p>11.00 - 13.00 Understanding Your Child's Behaviour 21/06/17 A two hour workshop looking at typical ages and stages of development and positive strategies to support development.</p>	<p>9.30 - 11.00: Stay, Play & Learn - Being Active</p>	<p>9.30 - 11.00 Stay, Play & Learn</p>

Curzon Crescent, Challenge House & Fawood Children's Centres



Partnership 

April - July 2017

Through our Children's Centres, the partnership is helping local families give their children the best start in life.

If you are a parent or carer with a child aged five or under, you can use our Children's Centres. Pay us a visit and see the help and support that is on offer.



Enjoy and
Achieve

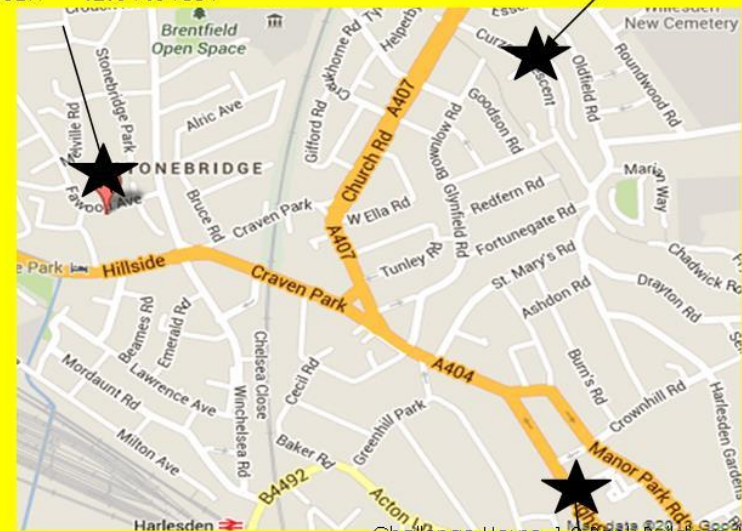
Please visit our website for upcoming events and changes to the timetable at www.fawood.org.uk





Fawood Children's Centre, 35 Fawood Avenue
NW10 8DX 0208 965 9334

Curzon Crescent Children's Centre,
Curzon Crescent NW10 9SD 0208 4596813



Challenge House, 1-2 Bank Buildings, High Street, Harlesden NW10 4LX 0208 9374025

Family Support Services within the Children's Centre Partnership

Family support is a service that can offer individual tailored support to the families within our local catchment area.

Our aim is to provide an holistic service to local families, which includes practical support, information, advice and advocacy, through a combination of:

- ~ Support and information over the phone and face to face
- ~ Providing emotional support
- ~ Visiting families in their homes
- ~ Delivering evidence based Parenting Programmes
- ~ Linking families to appropriate services for financial and legal matters
- ~ Individual sessions to discuss your issues
- ~ Drop-In and support group services
- ~ Signposting and referrals to other services

We work in a client focused, committed and transparent way to support the needs of the family as a whole. We acknowledge that families come in all shapes and sizes and their needs vary at different times of their lives. With this in mind, we endeavour to provide a service which is sensitive to these needs whilst being clear, honest, practical and respectful.

If you feel you could benefit from this service, please contact your local Children's Centre on the contact numbers listed below

Curzon Crescent Children's Centre - 0208 459 6813

Fawood Children's Centre - 0208 965 9334



Midwives Service at:

Curzon Crescent Children's Centre, on Tuesdays and Fridays
(By appointment only)
Breastfeeding Support Available: Please speak to your Midwife or Children's Centre staff